

GOOD EATS BREAKFAST

1. **GOOD EATS BENEDICT** 150,000
with smoked chicken breast, sliced tomato on toasted english muffins, dill hollandaise and "good eats" potatoes



2. **EGGS NOVA SCOTIA** 150,000
soft poached eggs on toasted english muffins, Smoked salmon, dill hollandaise and "good eats" potatoes

3. **SPINACH AND FETA OMELET** (CHOICE OF EGG WHITES) 150,000
sautéed fresh spinach, feta cheese, kalamata olives, "good eats" potatoes, baby tomatoes, toasted multi-grain bread

4. **EGG WHITE FRITTATA** 115,000
with "good eats" potatoes, baby tomatoes, spinach, and toasted multi-grain bread



5. **CHORIZO OMELET** (CHOICE OF EGG WHITES) 155,000
with roasted red bell peppers and feta, "good eats" potatoes, and toasted multi-grain bread

6. **GOOD EATS BREAKFAST** 90,000
two eggs any style, smoked bacon, grilled tomato, and toasted multi-grain bread

7. **GOOD EATS HOME-MADE GRANOLA** 90,000
served with home-made passion fruit yogurt, and fresh fruits



8. **GOOD EATS OATMEAL BRULEE** 80,000
rolled oats, cooked with milk, topped with banana brulee

9. **FRESH FRUIT SALAD** 70,000
fresh fruits of the day, yogurt, toasted multi-grain toast



10. **MUFFIN BREAKFAST SANDWICH** 85,000
1 egg, ham (or smoke chicken or salmon), cheddar cheese, lettuce and tomato, toasted muffin

11. **BAGEL BREAKFAST SANDWICH** 85,000
1 egg, ham (or smoke chicken or salmon), cheddar cheese, lettuce and tomato, toasted bagel



12. **TORTILLA BREAKFAST SANDWICH** 85,000
scramble eggs, ham (or smoke chicken or salmon), cheddar cheese, lettuce and tomato, tortilla

No MSG in our food

★ house favorite 🚫 low cholesterol 🌱 vegetarian ❤️ heart healthy 🚫 low salt

SANDWICHES & WRAPS

Choose from the following with side order of fresh cut fries or salad 155,000 vnd

GOOD EATS Sandwiches

1. BRIE, HAM, TOMATO AND ROCKET ON TOASTED PUGLIESE (BAGUETTE) 🌱
2. CHAR-GRILLED VEGETABLES AND GOAT CHEESE ON TOASTED PUGLIESE (BAGUETTE) 🌱❤️



6. MEATBALL PARMIGIANA ON BAGUETTE

GOOD EATS Wraps

7. CAJUN CHICKEN AND CAESAR SALAD WRAP ★
8. CORONATION CHICKEN (CURRIED CHICKEN MAYONNAISE) WRAP
9. GRILLED CHICKEN, BACON, LETTUCE, TOMATO, FETA DRESSING, WRAP

3. BLT- GRILLED BACON, LETTUCE, TOMATO, FETA DRESSING TOASTED WHOLE WHEAT
4. CLUB SANDWICH WITH SMOKED CHICKEN, TOMATO, AVOCADO, LETTUCE, BACON
5. GRILLED TUNA, LETTUCE, TOMATO, RED ONION, MELTED CHEDDAR, ON TOASTED WHOLE WHEAT ★



GOOD EATS FOR KIDS...UNDER 75YRS OLD (ALL DAY)

12. 3-2-1 BLASTOFF 65,000 vnd 3 pancakes, 2 bacon, 1 egg
15. OATMEAL BRULEE 60,000 vnd

13. BACON CHEESE BURGER ★ 125,000 vnd

ground seasoned Australian beef, on a toasted bun with bacon and cheddar cheese, hand cut fries



14. CHICKEN TENDERS 90,000 vnd

parmesan and herb crusted chicken fillets, served with hand cut fries, honey mustard dip



16. MAC AND CHEESE ★ 🌱 90,000 vnd
penne baked with cheese until bubbling, topped with toasted breadcrumbs

17. MEATBALL SLIDERS 95,000 vnd
3 mini meatballs in buns with a tasty tomato sauce



18. GRILLED CHEESE 90,000 vnd
cheddar cheese sandwiches grilled and served with hand cut fries

No MSG in our food

★ house favorite 🚫 low cholesterol 🌱 vegetarian ❤️ heart healthy 🚫 low salt

LOOKING WEST & EAST

LOOKING WEST APPETIZERS

1. BRAZILIAN BLACK BEAN SOUP, WITH POTATOES AND CHORIZO 60,000 vnd
2. ROAST YELLOW AND RED PEPPERS, ITALIAN BEAN SALAD, MIXED LEAVES LEMON OLIVE OIL 75,000 vnd
3. SALAD OF WARM POTATOES, CHORIZO, OLIVES, MIXED LEAVES, HARISSA VINAIGRETTE 80,000 vnd
4. SALMON FISHCAKE, WITH LEMON SAUCE, AND ROCKET ★ 🌱 75,000 vnd



5. GRILLED SEABASS CARPONATA 85,000 vnd

MAINS

6. POTATO CRUSTED SEA BASS, MELTED LEEKS AND FRESH TOMATO SAUCE ❤️ 145,000 vnd
7. CHAR-GRILLED CAESAR SALAD, WITH CAJUN SPICED CHICKEN BREAST ★ 🌱 135,000 vnd
8. SHRIMP PENNE PUTTANESCA, OLIVES ANCHOVIES, CHILI, AND FRESH TOMATO SAUCE 155,000 vnd
9. HOMEMADE SPAGHETTI AND MEATBALLS ★ 🌱 132,000 vnd



10. CHICKEN PENNE WITH PESTO 🌱 145,000 vnd

LOOKING EAST APPETIZERS

11. SMOKED BREAD OF CHICKEN ON THAI SALAD OF MANGO, CHERRY TOMATO, TAMARIND, AND LONG BEANS 🌱 95,000 vnd



12. FRESH BEET ROOT SALAD 🌱❤️ 70,000 vnd
13. SHRIMP WONTONS WITH SPICY GINGER, SPRING ONION SAUCE ★ 75,000 vnd

MAINS

14. SALMON TERIYAKI, WITH SHITAKES, SNOW PEAS, AND WILD RICE 175,000 vnd
15. SEARED TUNA MIGNON, WASABI MASH, SHITAKES, AND GINGER GLAZE 🌱 160,000 vnd
16. CHICKEN TIKKA MASALA, WILD RICE, PINEAPPLE CHUTNEY 🌱 132,000 vnd



17. WARM SPINACH SALAD WITH BACON AND ASIAN DRESSING 132,000 vnd 🌱



18. SPICY SQUID SATAY WITH WILD RICE ★ 🌱 130,000 vnd

19. TOMYUM TALAY, SEA BASS, SHRIMP, SCALLOP, IN A BROTH WITH BOK CHOY AND BROWN RICE NOODLES ★ 165,000 vnd

No MSG in our food

★ house favorite 🚫 low cholesterol 🌱 vegetarian ❤️ heart healthy 🚫 low salt

ESSENTIAL FLUIDS

Our selected juices and smoothies are full of vitamins and antioxidants to cleanse the body, restore and maintain good health.

SMOOTHIES (NO SUGAR ADDED)

55,000 vnd

CALCIUM AND IMMUNITY BOOST

1. TROPICAL THREE FRUIT
pineapple, banana, mango

PROTEIN BOOST FOR MUSCLE RECOVERY

5. CHOCOLATE POWER PROTEIN
chocolate whey protein, ripe bananas, pineapple

2. TROPICAL FIVE FRUIT
banana, mango, melon, strawberry, orange juice

6. BLACKBERRY POWER PROTEIN
chocolate whey protein, ripe bananas, blackberry

3. BOHEMIAN BREEZE
banana, mango, yogurt

7. STRAWBERRY POWER PROTEIN ★
strawberry, banana, yogurt, apple juice

4. MANGO MADNESS ★
mango, yogurt, cardamom

NATURAL JUICES (NO SUGAR ADDED)

- FRESH SQUEEZE 45,000 vnd

100% FRUIT SYRUP MIX WITH MINERAL WATER OR SODA 40,000 vnd

8. CARROT, CELERY AND PARSLEY

9. CARROT, ORANGE AND GINGER ★

10. APPLE, LIME AND GINGER

11. APPLE, BEET, CARROT, LIME AND GINGER ★

12. CELERY, CARROT, BEET, & APPLE

COFFEE LIST

16. LATTE 45,000 vnd
17. CAPPUCCINO 45,000 vnd
18. AMERICAN 45,000 vnd
19. DOUBLE ESPRESSO 50,000 vnd
20. DOUBLE LATTE 50,000 vnd
21. ESPRESSO 45,000 vnd



★ house favorite