

GOOD EATS Sandwiches and Wraps

Choose from the following with side order of fresh cut fries or salad
120,000 vnd (including vat)

- 40 Brie, ham, tomato and rocket on toasted pugliese (baguette)
- 41 Char-grilled vegetables and goat cheese on toasted pugliese (baguette)
- 42 BLT- grilled bacon, lettuce, tomato, feta dressing toasted whole wheat
- 43 Club sandwich with smoked chicken, tomato, avocado, lettuce, bacon
- 44 Grilled tuna, lettuce, tomato, red onion, melted cheddar, on toasted whole wheat
- 45 Meatball Parmigiana on baguette

GOOD EATS Quiche and Wraps

Choose from the following with side order of fresh cut fries or salad
120,000 vnd (including vat)

- 46 Cajun chicken and Caesar salad wrap
- 47 Tuna mayonnaise wrap
- 48 Coronation chicken (curried chicken mayonnaise) wrap
- 49 Grilled chicken, bacon, lettuce, tomato, feta dressing, wrap
- 50 Quiche Lorraine and salad
- 51 Mushroom and leek quiche and salad

Good Eats for Kids.....Under 75yrs Old All day

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| 52 Bacon Cheese Burger | 105,000 vnd |
| Ground seasoned Australian beef, on a toasted bun with bacon and cheddar cheese, hand cut fries | |
| 53 Mac and Cheese | 90,000 vnd |
| Penne baked with cheese until bubbling, topped with toasted breadcrumbs | |
| 54 Chicken Tenders | 90,000 vnd |
| Parmesan and herb crusted chicken fillets , served with hand cut fries, honey mustard dip | |
| 55 Grilled Cheese | 90,000 vnd |
| Cheddar cheese sandwiches, grilled and served with hand cut fries | |
| 56 Meatball sliders | 80,000 vnd |
| 3 mini meatballs in buns with a tasty tomato sauce | |

(All prices include 10% VAT)



TAKE AWAY AND HOME DELIVERY MENU

34 nguyen dang giai, q2

3 744 6672

3 744 6675

please quote your address
ref when phoning



GOOD EATS BREAKFAST – SERVED ALL DAY

1	GOOD EATS BENEDICT with smoked chicken breast, sliced tomato on toasted english muffins, dill hollandaise and "good eats" potatoes	150,000
2	EGGS NOVA SCOTIA soft poached eggs on toasted english muffins, Smoked salmon, dill hollandaise and "good eats" potatoes	150,000
3	SPINACH AND FETA OMELET (CHOICE OF EGG WHITES) sauteed fresh spinach, feta cheese, kalamata olives, "good eats " potatoes, baby tomatoes, toasted multi grain bread	150,000
4	EGG WHITE FRITTATA with "good eats" potatoes, baby tomatoes, spinach, and toasted multi-grain bread	115,000
5	CHORIZO OMELET (CHOICE OF EGG WHITES) with roasted red bell peppers and feta, "good eats" potatoes, and toasted multi-grain bread	115,000
6	GOOD EATS BREAKFAST two eggs any style, smoked bacon, grilled tomato, and toasted multi-grain bread	90,000
7	GOOD EATS HOME-MADE GRANOLA served with home-made passion fruit yogurt, and fresh fruits	90,000
8	GOOD EATS OATMEAL BRULEE rolled oats, cooked with milk, topped with banana brulee	80,000

SMOOTHIES 72,000 VND

9	CHOCOLATE POWER PROTEIN chocolate whey protein, ripe bananas, pineapple juice	
10	STRAWBERRY VANILLA POWER PROTEIN vanilla whey protein, strawberry, banana juice	
11	BOHEMIAN BREEZE banana, mango, yogurt	
12	TROPICAL FIVE FRUIT banana, melon, mango, papaya and orange	
13	MANGO MADNESS mango, yogurt, cardamom	

JUICE 60,000 VND

14	CARROT, CELERY AND PARSLEY	15	APPLE, LIME AND GINGER
16	CARROT, ORANGE AND GINGER	17	CELERY, CARROT, BEET, & APPLE
18	APPLE, BEET, CARROT, LIME AND GINGER		

COFFEE LIST

19	LATTE	45,000	22	DOUBLE ESPRESSO	50,000
20	CAPPUCCINO	45,000	23	DOUBLE LATTE	50,000
21	AMERICAN	45,000	24	ESPRESSO	45,000

(All prices include 10% VAT)

LOOKING EAST

APPETIZERS

25	SMOKED BREAST OF CHICKEN ON THAI SALAD OF MANGO, CHERRY TOMATO, TAMARIND, AND LONG BEANS	95,000
26	SHRIMP WONTONS WITH SPICY GINGER, SPRING ONION SAUCE	75,000

MAINS

27	SALMON TERIYAKI, WITH SHITAKES, SNOW PEAS, AND WILD RICE	165,000
28	SEARED TUNA MIGNON, WASABI MASH, SHITAKES, AND GINGER GLAZE	140,000
29	CHICKEN TIKKA MASALA, WILD RICE, PINEAPPLE CHUTNEY	132,000
30	WARM SPINACH SALAD WITH BACON AND ASIAN DRESSING	115,000

LOOKING WEST

APPETIZERS

31	ROAST YELLOW AND RED PEPPERS, ITALIAN BEAN SALAD, MIXED LEAVES LEMON OLIVE OIL	65,000
32	SALAD OF WARM POTATOES, CHORIZO, OLIVES, MIXED LEAVES, HARISSA VINAIGRETTE	70,000
33	SALMON FISHCAKE, WITH LEMON SAUCE, AND ROCKET	75,000
34	GRILLED SEABASS OVER TOMATO SAUCE AND OLIVES	85,000

MAINS

35	POTATO CRUSTED SEA BASS, MELTED LEEKS AND FRESH TOMATO SAUCE	145,000
36	CHAR-GRILLED CAESAR SALAD, WITH CAJUN SPICED CHICKEN BREAST	135,000
37	SHRIMP PENNE PUTTANESCA, OLIVES ANCHOVIES, CHILI, AND FRESH TOMATO SAUCE	145,000
38	HOMEMADE SPAGHETTI AND MEATBALLS	132,000
39	CHICKEN PENNE WITH PESTO SAUCE	145,000

(All prices include 10% VAT)